



## Image Audit

Image Aspect	No	Poor	Good	Great!
<b>Hygiene:</b>				
Shower/bathe daily				
Clean teeth/mouth at least twice a day				
Use suitable skincare products for skin type				
Shave/depilate regularly				
Hair washed regularly				
Appropriate bathing/deodorising products used				
Appropriate intimate hygiene products used				
<b>Presentation:</b>				
Weight in healthy range				
Good posture				
Clear confident voice (and/or signing ability)				
Skin in good condition				
Hands manicured				
Feet pedicured				
Teeth/gums in good condition				
Flattering hair style and colour				
Clear eyes				
Appropriate and up to date make-up				
<b>Clothing:</b>				
Flattering and appropriate style				
Clean, pressed and well maintained				
Appropriate size clothing				
Footwear – well maintained/appropriate style				
<b>Accessories:</b>				
Effective and flattering glasses				
Appropriate jewellery				
Appropriate hair accessories				
Appropriate wrist watch				
Smart briefcase/workbag				
Smart diary/PDA				
Quality wallet/purse				
Smart umbrella				
<b>Health and Physical Impairments:</b>				
Aids and appliances – clean/ well maintained				
Skin conditions well managed				
Medication used appropriately				
Health conditions monitored regularly				