



Therapist/Counsellor Interview

Use this document when undertaking initial interviews with therapists/counsellors.

Name of Therapist Interviewed Date

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| Outline of what I intend to say to this therapist/counsellor ... |
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Questions to ask the Therapist/Counsellor

| My Question | Their answer |
|--|--------------|
| Are you qualified? | |
| Are you insured? | |
| How experienced are you? | |
| To which professional organisations do you belong? | |
| How often do you receive supervision? | |
| How have you helped people with this problem before? | |
| What will be your approach to working with me? | |
| How many appointments do you estimate I will need? | |
| What appointment times can you offer me? | |
| How much will you charge me? | |